



TIME	FOOD/DRINK	TYPE	PREPARATION	AMOUNT

**Please submit this form along with your Nutrition Consult questionnaire to your Nutritionist a minimum of 3 days before your appointment time for dietary analysis via any of the following methods:**

Fax: 204-888-9717

email: [sarah@nutritionalinfo.ca](mailto:sarah@nutritionalinfo.ca)

Letter mail or in person: 605 Erin St, Winnipeg, MB R3G 2W1